



MIDDLESEX CENTRE YMCA

Our Programs & Services



- Health & Fitness
- Recreation Programs
- Aquatics
- Free Teen Night
- Day Camp
- Childminding
- Community Walking Loop
- Free 55+ Day



Day Camps



- Komoka – 560 campers
- Arva – 50 campers
- Ilderton – 68 campers

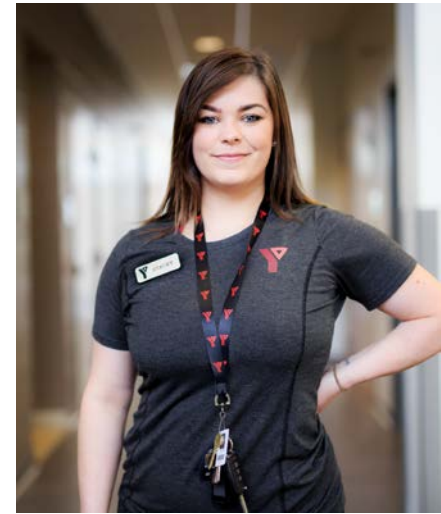




Staff & Volunteers

Middlesex YMCA

- 4 full-time staff and 28 part-time staff
- 45% under the age of 25
- 5 volunteers



December 19, 2018



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Our Membership By the Numbers

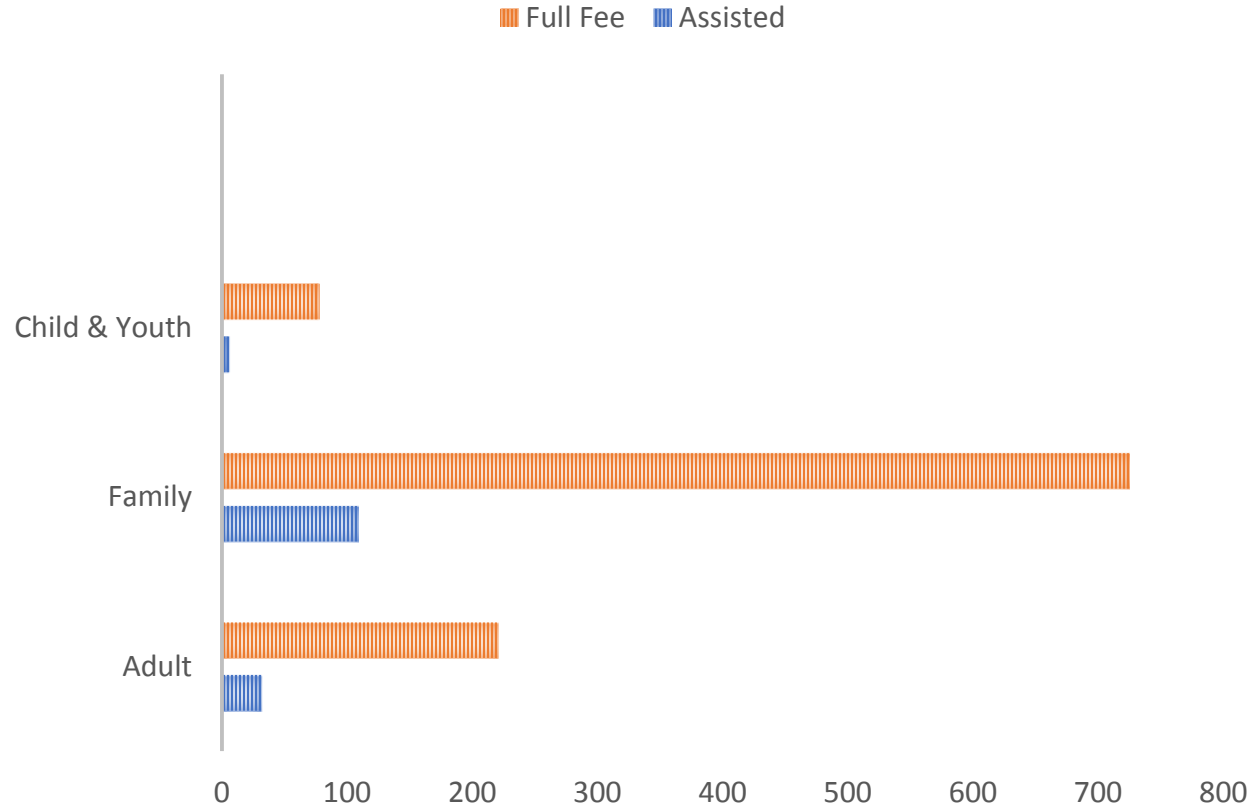
Middlesex YMCA

- 1,206 members
- 834 are family memberships
- 12.2% financial assistance rate





Middlesex Centre YMCA Membership



The YMCA Strong Kids Campaign helps children and their families in our communities by providing financial support to access the YMCA.



- 1 in 3 children in swimming lessons and day camps are supported by YMCA Strong Kids
- \$38,864 in financial subsidy provided to members at the at the Middlesex Centre YMCAs in 2017 (on target for \$40,000 in 2018)
- Every dollar raised in our community stays in our community, creating change at the local level





THANK YOU!

Thanks to your support, we were able to help 3 families gain access to the YMCA.

Thanks to your support, 13* individuals will have a place to turn to get healthier in spirit, mind and body.

*an average, based on 4.4 members per family in our branches.





Fitness Centre – Cardio Refresh





Fitness Centre Refresh – Strength Training





Fitness Centre Refresh - Turf Zone





Fitness Centre Refresh – Turf Zone





Y Story



We are a busy family of six (loud) people. My 3 younger kids require a lot of activities to keep them happy and better behaved! It was hard to keep the children occupied, entertained and safe in single environment. We now HAVE a place to go! To play, workout, relax and meet other families with the same mad lifestyle. I have more time for myself so it means I can be a more fun/energetic mom for my vibrant tribe. Thanks Y!